belangen
kaartenset

De gedragsbepalers zijn gebaseerd op Ford & Nichols - Taxonomy of human Goals (1987)

mastery

Meeting a challenging standard of achievement or improvement; avoiding incompetence, mediocrity, or decrements in performance.

task goals

task creativity

Engaging in activities involving artistic expression or creativity; avoiding tasks that do not provide opportunities for creative action.

task goals

management

Maintaining order, organization, or productivity in daily life tasks; avoiding sloppiness, inefficiency, or disorganization.

task goals

material gain

Increasing the amount of money or tangible goods one has; avoiding the loss of money or material possessions.

task goals

safety

Being unharmed, physically secure, and free from risk; avoiding threatening, depriving, or harmful circumstances.

task goals

unity

Experiencing a profound or spiritual sense of connectedness, harmony, or oneness with people, nature, or a greater power; avoiding feelings of psychological disunity or disorganization.

subjective organization goals

transcendence

Experiencing optimal or extraordinary states of functioning; avoiding feeling trapped within the boundaries of ordinary experience.

subjective organization goals

belongingness

Building or maintaining attachments, friendships, intimacy, or a sense of community; avoiding feelings of social isolation or separateness.

integrative social relationship goals

social responsibility

Keeping interpersonal commitments, meeting social role obligations, and conforming to social and moral rules; avoiding social transgressions and unethical or illegal conduct.

integrative social relationship goals

equity

Promoting fairness, justice, or equality; avoiding unfair actions.

integrative social relationship goals

research provision

Giving approval, support, assistance, advice, or validation to others; avoiding selfish or uncaring behavior.

integrative social relationship goals

curiosity

Satisfying one's curiosity about personally meaningful events; avoiding a sense of being uninformed or not knowing what's going on.

cognitive goals

understanding

Gaining knowledge or making sense out of something; avoiding misconceptions, erroneous beliefs, or feelings of confusion.

cognitive goals

intellectual creativity

Engaging in activities involving original thinking or novel or interesting ideas; avoiding mindless or familiar ways of thinking.

cognitive goals

positive self-evaluations

Maintaining a sense of self-confidence, pride, or self-worth; avoiding feelings of failure, guilt, or incompetence.

cognitive goals

excitement

Experiencing excitement or heightened arousal; avoiding boredom or stressful inactivity.

affective goals

tranquility

Feeling relaxed and at ease; avoiding stressful over arousal.

affective goals

happiness

Experiencing feelings of joy, satisfaction, or well-being; avoiding feelings of emotional distress or dissatisfaction.

affective goals

bodily sensations

Experiencing pleasure associated with physical sensations, physical movement, or bodily contact; avoiding unpleasant or uncomfortable bodily sensations.

affective goals

physical well-being

Feeling healthy, energetic, or physically robust; avoiding feelings of lethargy, weakness, or ill health.

affective goals

individuality

Feeling unique, special, or different; avoiding similarity or conformity.

self-assertive social relationship goals

self-determination

Experiencing a sense of freedom to act or make choices; avoiding the feeling of being pressured, constrained, or coerced.

self-assertive social relationship goals

superiority

Comparing favorably to others in terms of winning, status, or success; avoiding unfavorable comparisons with others.

self-assertive social relationship goals

resource aquisition

Obtaining approval, support, assistance, advice, or validation from others; avoiding social disapproval or rejection.

self-assertive social relationship goals